

# **Young adult carers and transition: Supporting young adult carers into adulthood**

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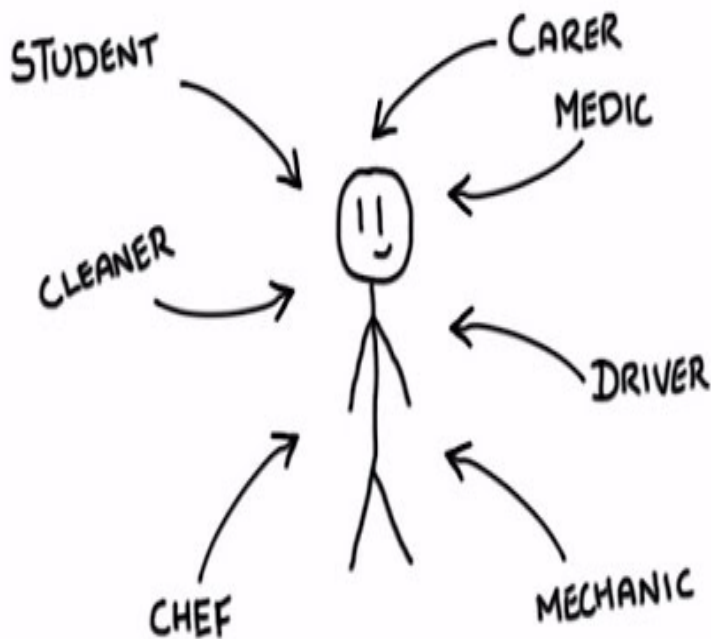
## **Group Exercise 1**

# **‘Looking back’**

**General challenges : Black pen**

**YAC Specific challenges : Green pen**

# What we know about young adult carers - nationally



- Over 375'000 young adult carers in the UK
- Recent research finding
  - Over 50% reported a mental health problem
  - No longer in education = highest qualifications GCSE's grades D – G
  - 29% dropped out of college / university because of their caring role (4x greater than the national average for degree courses)

## So, what's "new"?

🎨 **All young carers under the age of 18 have a right to an assessment of their need** (no matter who they care for, what type of care they provide, or how often they provide it)

### 🎨 **Two pieces of legislation**

- **Children and Families Act, 2014 = Young Carers Needs Assessment**
- **Care Act, 2014 = Young Carers (Transition) Assessment (& Whole Family Approaches)**

Better, more consolidated rights for young carers, young adult carers, and their families (previously young carers' rights sat across three pieces of legislation and six pieces of policy / practice guidance)

# Care Act

**Focus on Young carers at  
transition  
Aged 14 to 19 years**

# A **Young Carer's TRANSITION Assessment** must include an assessment of

- whether the young carer is able to provide care for the person in question and is likely to continue to be able to do so after becoming 18,
- whether the young carer is willing to do so and is likely to continue to be willing to do so after becoming 18,
- the impact on their work, training, employment
- the outcomes that the young carer wishes to achieve in day-to-day life, and
- whether, and if so to what extent, the provision of support could contribute to the achievement of those outcomes.

## After the assessment

A LA must give:

- 🎨 an indication as to whether any of the needs for support which it thinks the young carer is likely to have after becoming 18 are likely to meet the eligibility criteria (and, if so, which ones are likely to do so), and
- 🎨 advice and information about:
  - what can be done to meet or reduce the needs for support which it thinks the young carer is likely to have after becoming 18;
  - what can be done to prevent or delay the development by the young carer of needs for support in the future.

# More for young adult carers

- Aspiration / potential
- Higher education. Guidance: local authority to discuss plans for further and higher education with the young adult carer, and that the local authority should contact higher education institutions so they are aware that the applicant/new student is a young adult carer (guidance)
- There should be a person-centred transition plan, including key milestones to achieve, decided in discussion with the young adult carer
- The assessment should look at the care needs of the young adult carer, and how they might change, e.g. if a young adult carer starts work, or starts university



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## From 18 years onwards .....

- 🌈 Adult carers' right to an assessment
- 🌈 Carers' needs may be met by providing support for adult they care for
- 🌈 Support via Adult Carers Services and or a specialist Young Adult Carers Service

# Paige: A young adult carer

## Group Exercise 2

# ‘Solutions’

Red Pen!

# What's happening in Salford (including Time for Change Funding)

- 🎨 Part of Salford Young Carers Service within Salford Carers Centre
- 🎨 Managed by the Gaddum Centre
- 🎨 I started in April 2010 when post was introduced.
- 🎨 Prior to that work was delivered by an existing young carers worker – 0.5 day/week

- None of the service is commissioned by the local authority but its success means that it is included in the next tender
- Currently funded by charitable donations
- Partnerships with organisations such as The Lowry and YMCA means that they can deliver work on our behalf. Such partnerships also acknowledge the fact that we are not the answer to everything!

## Time for Change funding:






- 16 hour/week post
- Focus on developing mentoring scheme, carers' policies within workplaces and work placements for YACs

## **Researched services that supported this age group – needed to find out what was out there to support this age group**

- 🌈 Social Work teams – especially teams who may be carrying out Carers' Assessments
- 🌈 Leaving care teams – some young people who have been in care return home and find themselves in a caring situation
- 🌈 Job Centre Plus
- 🌈 Careers Services – Connexions, Skills Solutions, Apprenticeship Providers
- 🌈 Youth Offending Teams
- 🌈 Youth Service
- 🌈 Specialist counselling services



- 🌈 Voluntary sector providers – Rio Ferdinand Foundation / YMCA / Prince's Trust etc / Manchester City in the Community / Salford Reds Foundation
- 🌈 Volunteering projects – CVS (Community and Volunteering Services)
- 🌈 NEET projects
- 🌈 National Citizens Service delivery organisations
- 🌈 Brook or similar sexual health organisations
- 🌈 Young people's drug and alcohol teams
- 🌈 LGBT groups
- 🌈 Community newsletters – articles submitted (including case studies)

-  Housing associations – often have young person's engagement officers
-  Neighbourhood officers / teams
-  Colleges / school 6<sup>th</sup> forms
-  Universities
-  Other local YAC projects / services

**\*\*\* These relationships can be mutually beneficial – they can yield referrals to our service but similarly I refer into those services.**

**They have also delivered specialist sessions on drugs and alcohol, emotional health, sexual health etc\*\*\***

# What's happening in Oxfordshire

- **Our YC Transition Model**
- **Identifying Young Carers  
& Young Adult Carers  
through our Adult Carers  
Assessment**

# DISCLAIMER

WHAT WE THINK....

....YOUNG CARERS ARE STILL  
CHILDREN UNTIL THEY TURN 18.....

THEREFORE IN OXFORDSHIRE WE  
DO NOT CALL THEM YOUNG ADULT  
CARERS UNTIL THEY ARE  
ADULTS!



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# What we know about young carers in transition in Oxfordshire

- 🌈 ½ of the identified young carers in the county are in year 10 (aged 15) and above
- 🌈 They are more likely to over represented in other vulnerable groups concerning risk taking behaviour (e.g. child sexual exploitation)
- 🌈 They are 4 times as likely to be NEET than their non caring peers
- 🌈 They are less likely to achieve at school than their non caring peers



# Oxfordshire Young Carers Transition model



- Spurgeons remain the front door for referrals
- New Young Carers Transition Workers supporting young carers as they move into adulthood
- An additional section in the Young Carers Needs Assessment just for transition
- Integrate this role into our work with schools, colleges, EET providers and employers
- Continue to develop our joint work with adult services

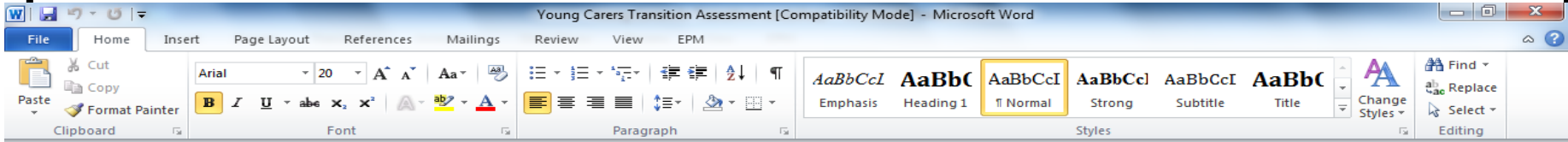



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# Oxfordshire model





**YOUNG CARERS TRANSITION ASSESSMENT**

Date of visit	
Where was the visit	
Completed by	

Name of Young Carer		Date of birth:	
Name of cared for/ relationship to young carer		Caring role:	
Cared for condition			
Who present:			

<b>Education</b> <ul style="list-style-type: none"> <li>Achieving academically?</li> <li>Additional support?</li> <li>Attendance?</li> <li>HE plans?</li> </ul>	
<b>Employment</b>	
<b>Training</b>	
<b>Recreation</b> <ul style="list-style-type: none"> <li>Where</li> <li>When</li> <li>Who</li> <li>Risk taking behaviour indicators?</li> </ul>	
<b>Impact on young carer of continuing needs of cared for person/s</b>	

1

**YC's wishes, feelings and aspirations?**

<b>Now</b> Over the next 3 months or term	
<b>Next steps</b> Over the next 6 months	
<b>Moving on ...</b> Aspirations in a year	

<b>Current significant supporting professionals</b> <b>Outcome plan</b>	<ul style="list-style-type: none"> <li><b>Intensive support</b> <small>Timed 1:1 sessions</small></li> <li><b>Continuing contact</b> <small>For 2 face to face sessions and then telephone contact</small></li> <li><b>Supported move on</b> <small>Signposting and time limited telephone contact</small></li> <li><b>Closed</b></li> </ul>
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Signed:	Dated:
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2



# Adult Carers Assessment

- Online via the Carers Oxfordshire Portal
- Approx. 70% completed on line
- Approx. 30% online with support from workers
- Administered via the Councils Customer Service Centre – Specialist Carers Support Team



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# Recording Children as part of the Adult Carers Assessment

- During the development of the form for the Care Act, the Young Carers Team took the opportunity to ensure that children of adult carers were recorded and offered support.
- SO ....
- We needed get the details of the children recorded on the form – name and date of birth
- Explain to families how this information would be used and shared via the form
- Put a process pathway in place to share information from the Customer Services Team to the Young Carers Team
- Provide training to the customer services team as they are adult focused members of staff.



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# Details of the children recorded on the form – name and date of birth

- Section 5 children of the adult carer

## Caring for others

In this section we ask about any children who may be dependent on you, and there is an opportunity for you to tell us if you support more than one person.

Do you have any children that are dependent on you?	Y		No	
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If 'Yes', please tell us the name and date of birth of each child:

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# Details of the children recorded on the form – name and date of birth

- Section 12 children sharing the adult carers caring role

Support from others with your caring role				
Do you share your caring role with another person (who is not a paid carer)?	Yes		No	
If 'Yes', are any of the other carer(s) who share your caring role under the age of 18?	Yes		No	
If 'Yes', please give us their details below: (their details will be passed in confidence to our Young Carers Team who may be able to offer them support in their caring role):				
Name:		Date of birth:		
Address (if different to yours):				

## Process pathway in place to share information from the Customer Services Team to the Young Carers Team



Forms are shared when the;

- Adult carers assessment has children are identified on it

OR,

- the carer is aged between 18 and 25 years old

Data Sharing Statement on Carers Assessment:

‘This information will be stored securely and used to assist us in your assessment and offer of support. It will be used in accordance with the Data Protection Act 1998.’

Provide training to the Customer Services Team as they are adult focused members of staff.

- Training was given to the whole team.
- Young Adult Carer experience with questions and answers.
- Case Study exercises on emotional and physical impacts of carers and ‘hidden’ young carers such as asylum seekers, mental health and drug and alcohol.
- Discussion around work flow process what’s working and could be improved on.

# OUTCOMES so far

- ✓ Number children living in families with potential caring responsibilities identified via process
- ✓ Young Adult Carers identified through the process
- ✓ 2x young carers champions in the CSC
- ✓ Specialist Young Adult Carers Support Plan developed
- ✓ Increased communication across Adult and Children Services

# Resources



- 🎨 professionals.carers.org
- 🎨 Supporting Students with Caring Responsibilities: A Resource for Colleges and Services to Help Young Adult Carers Succeed in Further Education'
- 🎨 Supporting Students with Caring Responsibilities: Ideas and Practice for Universities to Help Student Carers Access and Succeed in Higher Education
- 🎨 SCIE Transition resources (<http://www.scie.org.uk/care-act-2014/transition-from-childhood-to-adulthood/>)
- 🎨 NIACE RUBLE (<http://www.niace.org.uk/our-resources/life-and-society/really-useful-book-learning-and-earning-ruble-adults-using>)
- 🎨 Matter / Babble





# Thank you

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